

# Coming Soon!

Start improving your health—  
let's live better together!



## Meet Sharecare

Sharecare, a partner of **Learning Care Group's** new **Total Well-being Program**, is a digital health solution that helps you manage all of your health in one place. You can receive personalized insights, information, daily tracking, innovative programs, and one-of-a-kind tools to help you live a healthier life, no matter where you are in your health journey.

Sharecare helps you learn what to do to be healthier. From eating better to fitness tips to stress relief, Sharecare recommends simple things to do every day, and reminds you to do them.

### Benefits

- Access to personalized, expert-driven articles, resources, videos and more
- Tools to help you establish or reinforce healthy habits
- Easy to use platform features that provide access to health care resources you need, when you need it
- Real time tracking of health progress
- Securely store all your health information in one place

# Features



## RealAge® Test

How old are you – really? Sharecare's RealAge Test is a scientifically-based assessment that shows you the true age of the body you're living in based on your behaviors and existing conditions.



## Personalized timeline

When you open Sharecare, once you complete your RealAge Test, you can scroll through your timeline for personalized and relevant tips, recommendations, topics, articles and videos. The more you use your timeline, the more personalized it will become.



## Green day trackers

Sharecare created green day trackers that monitor the core health factors that influence your health the most. Each key health factor is rated on a five-point color scale from green to red, and your goal is to be "in the green" for the majority of the trackers per each calendar day to earn a green day.



## Health profile

Your Sharecare profile is a living, breathing, evolving story of your health. You can securely store and access all your biometrics and health data in your profile. Rest assured that your personal health information entered in the **Learning Care Group Total Well-being Program** is not shared with **Learning Care Group** and is kept private and secure.



## Benefits hub

Rather than navigate many websites and documents, you can review and use all of your benefits in one place.



## Wallet

The Sharecare Wallet provides a digital space to consolidate and access your benefits and savings cards – all in one place.



## Challenges

Sharecare challenges leverage green day trackers to make it fun and easy for you to stay on track to improve your health and lower your RealAge. Join us for some friendly competition to see how you stack up against other challenge participants.



## Rewards

Earn points for taking steps towards healthy behaviors.

## Results in action

*"Sharecare gave me the confidence to finally talk to my doctor about my concerns, and it re-energized my focus on my health!"*

*"I really appreciate this program. It has helped me put my life back on the right track."*

**It's time to meet the healthier YOU. For more information, call 855-807-4323.**

Sharecare, Inc. administers the well-being program for Learning Care Group. © 2021 Sharecare, Inc. Before you download Sharecare, you must register from a web browser on your computer or mobile device at [lcg.sharecare.com](http://lcg.sharecare.com). Then, create your user ID and password to use when you sign in to Sharecare. Otherwise, you won't get the added benefits from Learning Care Group.

Sharecare, Inc. administers the Learning Care Group *Total Well-being Program*.  
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